Antivirus Software Options for Common Operating Systems

Caleb Dizmang - 2025-05-19 - [Comments (0)](#) - [Desktop Security](#)

Cybersecurity remains a foundational concern for everyday computing. While no system is completely immune to threats, modern *operating systems* provide built-in tools to help protect against *malware* and other risks. User behavior, especially during *web browsing*, is often the first line of defense. This includes but is not limited to caution with *links*, vigilance against *phishing attempts*, and secure site practices.

Integrated Security

Many modern operating systems include integrated security systems. For example, **Windows** includes **Microsoft Defender Antivirus**, while **MacOS** includes **XProtect** and **XProtect Remediator**. These tools operate quietly in the background to detect and mitigate common threats; therefore, they should be sufficient in handling typical office and home use.

Note

One can use tools such as Virus Total, which can be found clicking on [this link](#), to upload files to see if they are safe.

You can read more about it by following [this link](#).

3rd Party Software

Independent testing organizations regularly evaluate antivirus software to measure performance, malware detection rates, and system impact. These evaluations can help users assess whether third-party solutions offer advantages beyond what's built into their OS.

- [AV Test](#)

- [AV Comparatives](#)

- [SE Labs](#)

- [Virus Bulletin](#)